

Download Britains Favourite Food

Britain's Top 10 Favorite Foods and Drinks Top 10 Favorite British Foods. Though immigration and globalization have changed British tastes... Roast Dinners. Sunday Lunch. Roast dinners are quintessentially British. Cup of Tea. A Cup of Tea. If you're invited to English teatime,... Fish and Chips. ...The traditional seaside fare beat Victoria sponge and the Cornish pasty to come top of Britain's favourite meals and snacks, a study revealed. Britain's 10 favourite foods 1. Spaghetti Bolognese. Originally from Italy, 'spag bol' has acquired a uniquely British taste... 2. Roast dinner. Good old meat and two veg is still high on the list. 3. Chili con carne. More foreign inspiration, this time from Mexico. 4. Lasagne. Unlike in Italy, ...Professor Alice Roberts discovers which are Britain's most popular fresh foods - and uses the latest science to uncover the surprising health benefits of our favourite foods. Last year in Britain we spent over £84 billion on food. With each beep of the till, every item of food we buy is recorded and scrutinised.