

# Download Milk Matters Infant Feeding & Immune Disorder

Heather Harris, MMid, IBCLC. Director - Boroondara Breastfeeding Centre Maureen Minchin's Breastfeeding Matters (1985) was a milestone in the history of breastfeeding. We applaud this amazing new trilogy, Milk Matters: infant feeding and immune disorder. Milk Matters Infant Feeding and Immune Disorder (2015) explains why there is a huge difference between the two and always will be. The history, secrets and ingredients of the formula industry are revealed across some 800 pages divided into three 'books'. Milk Matters argues the Milk Hypothesis, that immune damage has been acquired vertically, compounding intergenerationally, through early infant nutrition; and that infant nutrition is the single most important contributor to the diseases of 'modern' societies. Milk Matters: infant feeding and immune disorder (2015) This book is the culmination of more than 30 years of learning from both the scientific literature and from clinical experience. Reproductive biologist and University of Melbourne Honorary Emeritus Fellow Roger Short has said, "I have read Milk Matters from cover to cover. It is truly amazing.